



Ottawa Regional
**Cancer
Foundation**

**Fondation
du cancer**
de la région d'Ottawa

COLLECTIVE WILL
SOCIETY

Leaving a Legacy of Hope

AUTUMN 2010

MISSION

The Ottawa Regional Cancer Foundation is dedicated to helping people survive cancer. We unite those who want to be active in the fight for cancer survivorship, drawing on their experiences and resources to fund the gaps between what can be done and what is being done to increase cancer survival rates in Eastern Ontario. We support cancer care and research to prevent, detect, diagnose and cure cancer in Eastern Ontario.

**Ottawa Regional
Cancer Foundation**
704-265 Carling Ave
Ottawa ON K1S 2E1

Tel: 613.247.3527
www.ottawacancer.ca

Charitable Registration #
89831 1170 RR0001

The Vail-Fleck Family of Ottawa Three Generations of Philanthropy

A prominent Ottawa businessman, Harold Vail opened his first Vail's Dry Cleaners in 1940. Also known for his philanthropic nature, Mr. Vail donated the land for the building of the current Good Companions Senior's Centre, located at 670 Albert Street.

In 1962 Harold's wife, Eva was diagnosed with breast cancer and eight years later Harold was diagnosed with leukemia. After his personal experiences, Harold wanted to help ensure others had access to the best possible cancer care.

Together with his oncologist, Harold established the Vail Visiting Professorship Fund. The Fund would cover the cost of bringing world-leading oncologists and cancer specialists to Ottawa to share their knowledge in the cure and treatment of cancer. This would educate area doctors and nurses, and ultimately benefit local cancer patients.

Harold & Eva Vail lived happy and productive lives until passing away just six months apart from each other in late 1979 and early 1980. Their only daughter Mary Ellen Fleck was diagnosed with non-Hodgkin's Lymphoma in 1994, however she fought the disease and continues to enjoy a healthy life today. "My husband David died of lung cancer in August 2004. Our family will continue to give back to the community", says Mary Ellen.

Robert, son of Mary Ellen & the late David Fleck, and grandson of Eva &



Harold and Eva Vail, 1977

Harold Vail is equally supportive: "My grandparents would be proud of their legacy, knowing that years later their compassion continues to help cancer patients in the Ottawa region."

Renowned specialists from the USA, Great Britain, China, France and Canada have come to Ottawa to teach & share best practices each year for the past 24 years. This would not be possible



Mary Ellen Fleck

without the continued financial support of Mary Ellen Fleck and her son Robert through the Ottawa Regional Cancer Foundation.

“Charitably Speaking, What is Important to You?”

Getting involved with your community and your personal finances

When Trevor Johnson was 27, he fought and won his battle against malignant melanoma. Since then, he has helped raise over \$1 Million dollars for the Ottawa Regional Cancer Foundation.

In recognition of his tremendous efforts, Trevor recently received the Rabbi Reuven P. Bulka Award. This award is presented to an outstanding individual who is dedicated to finding a cure for cancer through volunteering or raising funds for cancer care and research in the Ottawa region.

With four children under the age of 13, Trevor is a busy man. Volunteering is important to him and his family.

As a Senior Financial Advisor with Raymond James Ltd., one of Canada’s largest investment firms, Trevor’s days are spent working with his clients to help them get the most from their finances. In the past few years, he has noticed an increase in the number of conversations around charitable giving as part of an overall financial plan.

One question he asks when discussing legacy planning is “Charitably speaking, what is important to you?” The client’s answer gives Trevor a roadmap to help them create a personalized charitable plan.



From L to R: Rabbi Reuven P. Bulka, Trevor Johnson, Trevor’s wife Jennifer and their four children

“There are a number of strategies that can magnify a smaller gift into a more substantial one, particularly when we use more advanced tax planning strategies.”

If you are considering a charitable gift in your will or you

are looking for a way to maximize tax savings now, or both, you must have a professional financial plan.

To learn more about charitable planning, please contact Lucie Châtelain at 613-247-3527 or by email at: lchatelain@ottawacancer.ca

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An Ordinary Will May Not be Enough...

When you meet with a lawyer to discuss your Will, you have some expectations. A little picture in your mind about what you want to have happen after you die. Unfortunately things don't always go the way people thought they would.

Employing sound professional advice will help to ensure you have the correct type of Will, and you have named appropriate Executor(s) and Powers of Attorney to carry out your last wishes.

An ordinary Will may not be enough for those who feel responsible for getting their affairs in order. A Will that includes Testamentary Trusts may be required to provide adequate control of your assets, minimize taxes and ensure a less-costly estate settlement. For example:

- Testamentary Trust Wills often get probated within two months, greatly reducing the work required by your Executor(s), thus helping to ensure a more efficient estate settlement.
- Testamentary Trust Wills will protect your assets in the case of second marriages, cohabiters, widows, widowers, singles and their children.

- Including income-splitting Testamentary Trusts in your Will could potentially result in 50-100% in tax savings for your named beneficiaries. Allocating donations to your favourite charities in your Will can also result in significant tax savings – almost half the amount of the gift.



Patrick Murphy, Counsellor at Law, Certified Senior Advisor

To learn more about including Testamentary Trusts in your Will, including specific examples, please visit: www.ottawacancer.ca and look under "It's Personal" then "Courage Magazine", Spring/Summer 2010 Edition, Page 31.

Patrick Murphy has practiced law in Ottawa for over 40 years.

Groundbreaking News!

Cancer Survivorship Centre to be Built in Ottawa

On Thursday June 11th, the Ottawa Regional Cancer Foundation hosted the official Groundbreaking Ceremony for Wellspring Ottawa – MAPLESOFT Centre. We were honoured to have Mrs. Laureen Harper, wife of Prime Minister Stephen Harper join us for this event, alongside local politicians, dignitaries, and the media.

The first Cancer Survivorship Centre in our region will offer a complete range of support services to cancer patients, their families and caregivers.

Please visit www.ottawacancer.ca for further information about this exciting initiative.



From L to R: Mrs. Laureen Harper, Mr. Jody Campeau, President, Maplesoft Group, Ms. Linda Eagen, President ORCF, Mr. Guy Legault ORCF Board Chair and Mr. Bob Chiarelli MPP - Ottawa West-Nepean

Cancer Foundation Brings World-Leading Cancer Expert to Ottawa

Lecture Provided to Local Medical Professionals

Dr. Vickie E. Baracos is a world-leading expert on Wasting Skeletal Syndrome.

In February of this year, Dr. Baracos delivered a lecture on malnutrition and muscle wasting associated with advanced stages of cancer to local oncologists, nurses and cancer specialists, in order that these medical professionals may have a better understanding of the needs of these patients.

After her lecture, Dr. Baracos gathered with three local cancer specialists (Dr. Peter Lawlor, Dr. Martin Chasen and Dr. José Pereira) in the offices of the Cancer Foundation for a discussion around her work and discoveries. This discussion was filmed and will be made available online for both physicians and patients to view



From L to R: Dr. Peter Lawlor, Dr. Vickie Baracos, Dr. Martin Chasen and Dr. José Pereira

at their convenience at www.ottawacancer.ca under Cancer Connections, Vail Professorship Series.

The visit of Dr. Baracos was sponsored by the Vail Visiting Professorship Fund, administered by the Ottawa Regional Cancer Foundation.

"If you have knowledge, let others light their candles by it."

Margaret Fuller

Tell Me About Yourself

- I have named the Ottawa Regional Cancer Foundation in my Will.
- I intend to include the Ottawa Regional Cancer Foundation in my Will.
 - Please contact me for further information.
- I would be interested in speaking directly about The Collective Will Society.
 - Please contact me.
- I would like to receive more information about leaving a gift in my Will.



Lucie Châtelain
Director of Gift Planning
lchatelain@ottawacancer.ca

FIRST NAME _____ LAST NAME _____

TEL _____ EMAIL ADDRESS _____

ADDRESS _____ CITY _____ PROV _____ POSTAL CODE _____

BIRTHDATE (OPTIONAL) _____

Please detach and return this completed form in the envelope provided or contact:

Lucie Châtelain Director of Gift Planning - Ottawa Regional Cancer Foundation

Tel: 613-247-3527 Email: lchatelain@ottawacancer.ca



Although the information in this newsletter derives from reliable and professional sources, the Ottawa Regional Cancer Foundation encourages you to *consult your own lawyer or other professional advisor about the applicability to your situation.*

Would you prefer to receive this newsletter electronically? If so, please send your email address.