

The Answer

OTTAWA REGIONAL CANCER FOUNDATION • 704-265 CARLING AVE • OTTAWA ON • K1S 2E1

Ottawa Regional Cancer Foundation

October 2008

VOLUME 1 | ISSUE 1



Fondation
du Cancer
de la région
d'Ottawa

“I’m just Brian; I’m with the ‘67’s”

Brian Kilrea talks about his triumph over cancer



Brian Kilrea – Cancer Survivor,
Member - Hockey Hall of Fame.

Spend a few moments with Brian Kilrea and you will be struck by his humility, friendliness and respect for others. Brian’s gentle manners belie his reputation as a fierce competitor, hockey player and coach.

When he was diagnosed with melanoma, Brian leaned on his wife, family, friends and doctors to fight the disease. Like many people, Brian discovered his cancer by accident.

“My wife Judy was rubbing my back one day and told me that one area felt hot. She got up and turned a light on my back and noticed a scar,” recounts Brian. “My back had been hurting for a while; I just chalked it up to an old hockey injury. It was cancer.”

“If it wasn’t for Judy, I would never have known.”

Brian was quickly introduced to Dr. Stanley Labow who removed the melanoma from Brian’s back and many other spots, including one on his knee.

“I remember being at the Memorial Cup in 2005, when Scotty Bowman walks into the locker room. He noticed the scar on my knee and asked, “What happened there?”

“Next thing you know, the trainer walks in, there’s me and Scotty Bowman comparing cancer treatment scars. You should have seen the look on his face! Scotty didn’t think anything of it, his scar stretched down his entire side.”

Thanks to regular check-ups, Brian’s second brush with cancer was quickly diagnosed and treated by Ottawa’s Dr. Harvey Finkelstein.

“He is a super guy. I am thankful for all my doctors and especially Dr. Finkelstein for looking after me.” says Brian.

Brian prefers to deflect the spotlight. By speaking about his cancer survival, he hopes to inspire others to support cancer research and be proactive in being checked.

“I was fortunate. If I can help in any way, I am happy to do so,” he says. “Take the time to support the Ottawa Regional Cancer Foundation. Take the time to visit your doctor. Check it out, remove the doubt.”

Recent Gifts Saving Lives!

- Diann LaLonde – Cuts for Cancer - \$5,387
- Rose Carty – Music for Life - \$465
- Matt Whittakker – Fight for a Cure - \$500
- Mambo Restaurant Spring Fashion Series – Runway to a Cure - \$15,392
- St. Pat’s High School Student’s & Staff – St. Pat’s Breakfast - \$17,007
- Ian & Ann Wilkinson & Regional Dancers – Rhapsody Rounds - \$2,100
- Susan Dybka & the Maple Ridge Elementary School Staff - \$930

Thank You!

www.ottawacancer.ca

A Gift from the Heart

Planning for a world without cancer



Claire L. Buckley is part of the Answer to Cancer.

Claire Buckley, of Carleton Place, hopes future generations won’t have to deal with cancer.

“I lost two grandfathers, my father-in-law, an uncle and an aunt to cancer,” says Claire.

Claire’s mom had breast cancer at 47, her father was recently treated for prostate cancer and her husband, Joe, had melanoma.

Cancer survival is an emotional topic for Claire.

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Interested in making a gift to the Foundation through a bequest, gift of stock or life insurance? • Call the Foundation office at 613.247.3527

My Sincerest Thanks

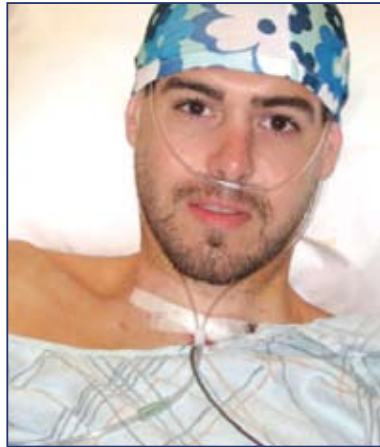
Cancer survivor thanks Ottawa Regional Cancer Foundation donors

If children have the ability to ignore all odds and percentages, then maybe we can all learn from them. When you think about it, what other choice is there but to hope? We have two options, medically and emotionally: give up, or fight like hell.

Lance Armstrong
– Cancer Survivor

“How do you say thank you to people you may never meet?” asks David LaForge.

David has beaten thyroid cancer and the odds – all before his thirtieth birthday.



“I was immediately surrounded by a safety net of medical professionals and treatment specialists. They made me feel like I was their only patient.”

Although the number of people affected by Cancer continues to grow, the percentage of survivors grows as well.

“Thank you to every donor...you gave me the gift of life...not just me, but hundreds of others who were in treatment the same time as me.”

You can read David’s entire story – in his words - online at www.ottawacancer.ca

David LaForge on his journey toward cancer survivorship.

When Cancer Strikes Two Women in Your Life

Family man rethinks life’s purpose

Mark and Lise Thaw are a close, loving couple.

When Lise was diagnosed with uterine cancer, Mark was blindsided. It changed his life forever.

“Both my mother and my wife were diagnosed with cancer within three weeks of each other.” says Mark. “Yet somehow it drew our family closer together.”

Mark quickly became a one-person crusader in search of the answer.

“Not everybody dies of cancer. We need to educate people. We need to be proud of what researchers in our community have accomplished.”

Mark understands that the government can’t do it on its own. “We have to support our own community. We have to help each other.”

Lise is no stranger to cancer. A registered nurse in clinical trials at the Ottawa Hospital Cancer Center, her entire life has been

devoted to helping people with this terrible disease.

Like most nurses, Lise is quick to deflect the conversation from herself to her patients.

“You get close to the patients on clinical trials, you get to know them. They are fighting not only for their lives but for the lives of the next person.” says Lise.

“I am not sure if people know the importance of clinical trials.” says Lise. “In my time at the Cancer Centre, I have seen two or three drugs that have gone from trials to standard tools in the treatment of cancer.”

“People say to me ‘Your wife is amazing’. I have heard her calling patients from home on the weekend, just checking in to see how they are doing.”

“It’s a different level of care at the Cancer Centre.” says Mark.

As if to punctuate his sentence, Lise says; “It’s not just about a trial, or research, it’s the human aspect. It is up

to all of us to light the candle for the next person.”

It has been four years since Mark and Lise had to share the news of her cancer with their teenage daughter Alayna and son Bryan. Thankfully, today both Lise and Mark’s mother are cancer free and living healthy lives.



Mark, Lise, Bryan and Alayna pose during a recent family vacation. A time to reflect and celebrate their good fortune.

With cancer so prevalent in her family, Claire is religious about annual screening.

“I worry about my mammogram. I worry about my daughters, Sara and Jessica, my mom, my dad, Joe and everyone else who is close to me.”

A recent career change gave Claire a special opportunity to include the Ottawa Regional Cancer Foundation as a beneficiary in her life insurance policy.

“We have to do whatever we can to

find the answer,” says Claire. “I can’t give a large gift today, but I can when I die. It’s not morbid, it’s planning and it is important to me.”

“I like the fact that my gift will stay in Ottawa, I have a high trust level of the Ottawa Regional Cancer Foundation and hopefully I am instilling the seed of philanthropy in my kids.”

Today, Claire’s mom, dad and husband Joe are all cancer-free. They are part of a growing group of cancer survivors.

“ We have to believe an answer will be found, we have to share what we can, for our children and grandchildren. ”

New Opportunities Bloom for Cancer Foundation Supporters

Cancer Survivors Park Opens – September 24, 2008

Giant flowers will bloom forever in Ottawa’s east end – home of the Richard and Annette Bloch Cancer Survivors Park.

“The flowers are a symbol of our commitment and relentless pursuit in finding the Answer to Cancer.” says Ottawa Regional Cancer Foundation chair, Walter Robinson.

During a sunny summer day and before the official opening, the park is already being used by grateful residents.

“This is a quiet place, where cancer survivors and their families will be able to reflect and spend some time on their own.” Linda Eagan, President, Ottawa Regional Cancer Foundation.

The park is a dream of the late Richard Bloch – founder of H&R Block. Mr. Bloch was diagnosed with cancer

on March 29, 1998 and given just ninety days to live.

Not only did he survive cancer but Mr. Bloch and his wife Annette kept a promise they made to each other; “To help the next person with Cancer have a chance of beating it.”

Unfortunately, Richard Bloch passed away from heart failure in 2004. True to his vision, Cancer Survivor Parks bearing his name are blooming throughout North America. The Ottawa Cancer Survivors Park is the second in Canada.

Naming and Recognition Opportunities are now available at the Cancer Survivors Park. To enquire about leaving your legacy at the park, please call Justin van Leeuwen at 613.247.3527



Welcome to first issue of

The Answer

Thanks to your generosity, cancer survivorship is on the rise.

“The Answer” is our way of letting you know how your gift is saving lives, helping families and in no small way - changing the world.

Your investment in us helps real people, right here, close to where you live.

In each issue, you will discover how our vision is becoming reality- one victory at a time.

You are The Answer to Cancer.

The Answer is a publication of the Ottawa Regional Cancer Foundation. For more information call us at 613.247.3527 or email us: info@ottawacancer.ca

◀ Cancer Survivors Park:
At the corner of Riverside Dr
and Industrial Ave.

ORCF Supporters turn \$25,000 into \$10 Million

Dr. John Bell and research team closer to discovery



Dr. John Bell

A \$25,000 investment from the Ottawa Regional Cancer Foundation in 2000 has grown into a \$10 million investment in Dr. John Bell's lab at the Ottawa

Health Research Institute's Centre for Cancer Therapeutics.

"The original investment has been magnified twenty times. Our funding is now at \$2 million per year." says Dr. Bell. "It is young people doing this work – we are building a great scientific community in Ottawa."

The Ottawa Regional Cancer Foundation was there at a pivotal point in Dr. Bell's research, with seed money and a strong belief in his vision.

"Donors helped us build a manufacturing facility and we were able to do it quickly. We are gaining momentum and the Foundation is the catalyst to help us start these programs."

"When we launched this study, the idea of using viruses as therapeutics was considered 'science fiction'. The only organization that would take a chance and fund our work was the Ottawa Regional Cancer Foundation."

"Cancer is a devious disease," notes Dr. Bell. "Through clinical trials right here in Ottawa, we will provide personalized therapy."

Dr. Bell's research in the use of * Oncolytic viruses provides great hope in the fight against cancer.

To learn more about Dr. Bell's research, or to specifically support cancer research, please visit www.ottawacancer.ca.

*** Oncolytic Virus Kills Cancer. This is an engineered virus that is able to infect and kill cancer cells, while leaving normal cells unharmed. This ability to focus on cancer cells makes the oncolytic virus very useful in cancer therapy**

You can support us through your company's United Way Workplace Campaign!

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THANKS!

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Yes Please include my name in the fight against cancer!

Enclosed is my gift of \$50 \$75 \$100
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 Please charge my credit card
 VISA MasterCard

My Card Number _____

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